



# Date Night

Building a relationship during the training and coaching phases (ages 5-17) is a crucial part of parenting. One way to do this is to create a “date night” for each of your children. Each parent should have one-on-one time with each child as often as possible.

Several ideas include: a picnic, a walk, ice cream, fast food (not too often), board/card games, football, baseball etc. If you have more than one child, it will be tempting to take them all at once. Please do not do that. Help each child to feel special and loved by taking one at a time. Use this time to give instruction and training, building that moral warehouse.

## **Proverbs 1:8**

Listen, my son, to your father's instruction  
and do not forsake your mother's teaching.