



Say what you mean, mean what you say

Bedtime stories

If you don't care if your child goes to bed right away, or if you are just wondering if they are tired, then ask them if they would like to go to bed. If you ask your child if they would like to go to bed, they will probably answer, "no". Don't ask your child this question if you don't intend to give your child a choice. (Say what you mean)

If you want your child to go to bed, tell them it's time to go to bed. If you tell your child that it is time to go to bed, then follow up and make sure they do exactly as you instructed. (Mean what you say)

Matthew 5:37

³⁷Simply let your 'Yes' be 'Yes,' and your 'No,' 'No'; anything beyond this comes from the evil one.